|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to reduce fat in the diet** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 153 | 34.0 | 22.0 - 48.4 | 162 | 33.0 | 17.8 - 52.8 | 315 | 33.3 | 22.0 - 46.9 |
| 30-44 | 335 | 47.4 | 38.0 - 57.0 | 372 | 55.3 | 40.9 - 68.9 | 707 | 52.3 | 42.2 - 62.3 |
| 45-59 | 310 | 71.3 | 50.8 - 85.7 | 376 | 59.2 | 47.8 - 69.7 | 686 | 65.2 | 53.6 - 75.2 |
| 60-69 | 235 | 57.3 | 43.7 - 69.9 | 258 | 67.3 | 53.4 - 78.7 | 493 | 63.1 | 53.1 - 72.2 |
| **Total** | **1033** | **53.4** | **44.0 - 62.7** | **1168** | **50.9** | **43.1 - 58.7** | **2201** | **52.0** | **45.8 - 58.1** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 301 | 57.4 | 38.3 - 74.6 | 353 | 55.7 | 41.2 - 69.3 | 654 | 56.4 | 44.3 - 67.9 |
| Urban | 732 | 50.5 | 42.7 - 58.1 | 815 | 47.0 | 39.2 - 54.9 | 1547 | 48.5 | 42.9 - 54.1 |